



## Continuing Education Requirements for Connecticut Marriage & Family Therapists (And How to Stay on Track)

As a licensed marriage and family therapist (MFT) in the state of Connecticut, it is your responsibility to adhere to continuing education requirements each period in order to renew your license. Beyond license renewal being key to you maintaining your practice, continuing education is essential to stay abreast of what is happening in your field – something your clients will always appreciate you taking seriously. Education is how we all continue to learn and further hone our skills and expertise, so it's certainly something to be celebrated. Though education is fantastic, keeping on track with the many hours you need to fulfill can be a challenge. Thankfully, there is a fantastic resource available to help you with that. Before we dive into the resource, let's start by outlining what is required of Connecticut MFTs in order to renew their license each year.

### Licensee Requirements for Connecticut Marriage & Family Therapists

A licensed MFT in the state of Connecticut must satisfy a requirement of 15 hours of continuing education every year if they would like to renew their license. Of the 15 hours that are required of MFTs annually, one of which must be specifically regarding cultural competency. Beyond that, in order for continuing education hours to be approved by the Department, they must meet the following criteria, which was [taken directly from their website](#): offered or approved by the American Association for Marriage and Family Therapy (AAMFT) or its affiliates; courses accredited, approved or offered by the Commission on Accreditation for Marital and Family Therapist Education (COAMFTE), National Board of Certified Counselors (NBCC), the American Counseling Association (ACA), the National Association of Social Workers (NASW), the American Association of Social Workers (AASW), the American Psychological Association (APA), or their affiliates, provided the coursework is clearly related to maintaining skills necessary for the safe and competent practice of marital and family therapy; courses offered or approved by institutions accredited by the Commission on Accreditation for Marital and Family Therapist Education (COAMFTE); graduate coursework in or related to the discipline of marital and family therapy field offered by a regionally accredited academic institution, either audited or by credit; or programs in or related to the discipline of marital and family therapy sponsored or approved by a regionally accredited academic institution, provided the coursework is clearly related to maintaining skills necessary for the safe and competent practice of marital and family therapy. As a final note, MFTs in Connecticut are advised to maintain all certificates from their continuing education for at least three years as the Department conducts randomized audits among licensees.

### Key Takeaways:

- **An MFT in Connecticut is required to complete 15 hours of continuing education each year.**
- **One of those hours must be on the topic of cultural competency.**

Given marriage and family therapists are likely to achieve their continuing education certificates in increments, from various workshops, conventions, agencies, and institutions, there is a lot of documentation to keep track of (potentially 15 or more certificates throughout the course of the year). As proof is required in the event of an audit, it's imperative you keep all of those certificates in a safe place – easily accessible and easy to track your progress. CE Hub is the safe place you need to work through your continuing education with ease.

### What is CE Hub?

CE Hub is an app built specifically for therapists. Recognizing the difficulty that is storing continuing education certificates and keeping track of your hours, CE Hub was created to take the stress out of continuing education requirements. Instead of worrying throughout the period that you may not be on track, or perhaps that you may have lost a document or two, CE Hub provides you the peace of mind you need to enjoy the learning process. Using the platform is simple: you sign up, upload your continuing education certificates as you obtain them, then CE Hub handles the rest. All of your continuing education credits are tracked for you, and you even receive a reminder when it's time to renew your license. Alleviate the stress of continuing education requirements by taking advantage of CE Hub today!

Disclaimer: this content is for informational purposes only. Licensees should always confirm their continuing education requirements with their respective governing agency. In the state of Minnesota, MFTs can clarify anything about their license by contacting the State of Connecticut Department of Public Health at the number (860) 509-7603.

Reference Links: <https://portal.ct.gov/DPH/Practitioner-Licensing--Investigations/MFT/Marital-and-Family-Therapist-Continuing-Education-Requirements>  
[https://portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/practitioner\\_licensing\\_and\\_investigations/plis/psychology/Psychology-CEU-Waiver.pdf](https://portal.ct.gov/-/media/Departments-and-Agencies/DPH/dph/practitioner_licensing_and_investigations/plis/psychology/Psychology-CEU-Waiver.pdf)