



Continuing Education Requirements for Iowa Marriage & Family Therapists (And How to Stay on Track)

As a licensed marriage and family therapist (MFT) in the state of Iowa, it is your responsibility to adhere to continuing education requirements each period in order to renew your license. Beyond license renewal being key to you maintaining your practice, continuing education is essential to stay abreast of what is happening in your field – something your clients will always appreciate you taking seriously. Education is how we all continue to learn and further hone our skills and expertise, so it's certainly something to be celebrated. Though education is fantastic, keeping on track with the many hours you need to fulfill can be a challenge. Thankfully, there is a fantastic resource available to help you with that. Before we dive into the resource, let's start by outlining what is required of Iowa MFTs in order to renew their license every cycle.

Licensee Requirements for Iowa Marriage & Family Therapists

A marriage and family therapist that is licensed in Iowa must complete 40 hours of continuing education every two years in order to renew their license for another cycle. All of the required 40 hours must be earned before the September 30 renewal deadline in even-numbered years. A course or program is deemed appropriate for continuing education if it is considered organized learning that specifically aims to improve the competency of MFTs, consists of subject matter that is vital to marriage and family therapy, is hosted by a qualified person, fulfills program goals/objectives, and provides proof of attendance. A list of approved continuing education activities can be found in section 32.3(2) of [Chapter 32 of the Professional Licensure](#). As a final note, at least three hours must relate specifically to ethics in the practice.

Key Takeaways:

- Iowa MFTs must earn 40 hours of continuing education every two years.
- Licenses expire on September 30 of even-numbered years.
- At least three hours need to be on ethics in MFT.

Given marriage and family therapists are likely to achieve their continuing education certificates in increments, from various workshops, conventions, agencies, and institutions, there is a lot of documentation to keep track of (potentially 40 or more certificates throughout the course of two years). As proof is required when you apply for renewal, it's imperative you keep all of those certificates in a safe place – easily accessible and easy to track your progress. CE Hub is the safe place you need to work through your continuing education with ease.

What is CE Hub?

CE Hub is an app built specifically for therapists. Recognizing the difficulty that is storing continuing education certificates and keeping track of your hours, CE Hub was created to take the stress out of continuing education requirements. Instead of worrying throughout the period that you may not be on track, or perhaps that you may have lost a document or two, CE Hub provides you the peace of mind you need to enjoy the learning process. Using the platform is simple: you sign up, upload your continuing education certificates as you obtain them, then CE Hub handles the rest. All of your continuing education credits are tracked for you, and you even receive a reminder when it's time to renew your license. Alleviate the stress of continuing education requirements by taking advantage of CE Hub today!

Disclaimer: this content is for informational purposes only. Licensees should always confirm their continuing education requirements with their respective governing agency. In the state of Iowa, MFTs can clarify anything about their license by contacting the Bureau of Professional Licensure at the number (515) 281-0254 or email PLPublic@idph.iowa.gov.

Reference Links: <https://www.legis.iowa.gov/docs/ACO/chapter/645.32.pdf>

<https://idph.iowa.gov/Licensure/iowa-Board-of-Behavioral-Science/Licensure/Renewal>