



## Continuing Education Requirements for Maine Marriage & Family Therapists (And How to Stay on Track)

As a licensed marriage and family therapist (MFT) in the state of Maine, it is your responsibility to adhere to continuing education requirements each period in order to renew your license. Beyond license renewal being key to you maintaining your practice, continuing education is essential to stay abreast of what is happening in your field – something your clients will always appreciate you taking seriously. Education is how we all continue to learn and further hone our skills and expertise, so it's certainly something to be celebrated. Though education is fantastic, keeping on track with the many hours you need to fulfill can be a challenge. Thankfully, there is a fantastic resource available to help you with that. Before we dive into the resource, let's start by outlining what is required of Maine MFTs in order to renew their license every cycle.

### Licensee Requirements for Maine Marriage & Family Therapists

Licensed marriage and family therapists in Maine have a relatively high continuing education requirement. Every two years, Maine MFTs must complete 55 hours of continuing education in order to renew their license. Though that is high relative to other states, there is complete flexibility over the format through which those hours are earned as Maine does not put a limit on how many hours can be obtained through distance learning. As a final requirement, four of the required 55 hours must be in ethics. The Board emails renewal reminders 30 days ahead of a license expiration, but it's best to keep track of your personal expiration date yourself to ensure you complete all 55 hours before your renewal application is due.

### Key Takeaways:

- **MFTs in Maine are required to earn 55 hours of continuing education every two years.**
- **Four hours must be in ethics.**
- **All 55 hours can be obtained online.**

Given marriage and family therapists are likely to achieve their continuing education certificates in increments, from various workshops, conventions, agencies, and institutions, there is a lot of documentation to keep track of (potentially 55 or more certificates throughout the course of two years). As proof is required when you apply for renewal, it's imperative you keep all of those certificates in a safe place – easily accessible and easy to track your progress. CE Hub is the safe place you need to work through your continuing education with ease.

### What is CE Hub?

CE Hub is an app built specifically for therapists. Recognizing the difficulty that is storing continuing education certificates and keeping track of your hours, CE Hub was created to take the stress out of continuing education requirements. Instead of worrying throughout the period that you may not be on track, or perhaps that you may have lost a document or two, CE Hub provides you the peace of mind you need to enjoy the learning process. Using the platform is simple: you sign up, upload your continuing education certificates as you obtain them, then CE Hub handles the rest. All of your continuing education credits are tracked for you, and you even receive a reminder when it's time to renew your license. Alleviate the stress of continuing education requirements by taking advantage of CE Hub today!

Disclaimer: this content is for informational purposes only. Licensees should always confirm their continuing education requirements with their respective governing agency. In the state of Maine, MFTs can clarify anything about their license by contacting the Department of Professional & Financial Regulation at the number (207) 624-8500.

Reference Links: <https://www.maine.gov/pfr/professionallicensing/professions/board-of-counseling-professionals-licensure/licensing/professional-counselor-clinical-professional-counselor-marriage-family-counselor-pastoral-counselor-registered-counselor> <https://www.maine.gov/pfr/dept/contactus> <https://athealth.com/ce-approvals/continuing-education-for-maine-marriage-and-family-therapists/>