



Continuing Education Requirements for Maryland Marriage & Family Therapists (And How to Stay on Track)

As a licensed marriage and family therapist (MFT) in the state of Maryland, it is your responsibility to adhere to continuing education requirements each period in order to renew your license. Beyond license renewal being key to you maintaining your practice, continuing education is essential to stay abreast of what is happening in your field – something your clients will always appreciate you taking seriously. Education is how we all continue to learn and further hone our skills and expertise, so it's certainly something to be celebrated. Though education is fantastic, keeping on track with the many hours you need to fulfill can be a challenge. Thankfully, there is a fantastic resource available to help you with that. Before we dive into the resource, let's start by outlining what is required of Maryland MFTs in order to renew their license every cycle.

Licensee Requirements for Maryland Marriage & Family Therapists

Marriage and family therapists in Maryland have the same continuing education requirements as psychologists and professional counselors in the state. All licensees are expected to complete 40 hours of continuing education every two years to maintain their professional competency and improve their professional skills. Of the required 40 hours, at least 30 must come from "Category A" activities, which include formal workshops, courses, seminars, or authoring a professional publication. The remaining 10 hours can be earned through "Category B" activities, which are learning activities deemed less formal than Category A (such as participating in distance learning or being professionally supervised). It's important to note that, although activities can come from either Category A or B, all continuing education must be Board-approved in order to be accepted. Board-approved sponsors include the American Counseling Association, the American Association for Marriage and Family Therapy, the National Board of Certified Counselors, and [more](#).

Key Takeaways:

- **MFTs in Maryland must earn 40 hours of continuing education every two years.**
- **At least 30 hours need to come from Category A activities .**
- **All activities must be Board-approved.**

Given marriage and family therapists are likely to achieve their continuing education certificates in increments, from various workshops, conventions, agencies, and institutions, there is a lot of documentation to keep track of (potentially 40 or more certificates throughout the course of two years). As proof is required if you are selected for a random audit, it's imperative you keep all of those certificates in a safe place – easily accessible and easy to track your progress. CE Hub is the safe place you need to work through your continuing education with ease.

What is CE Hub?

CE Hub is an app built specifically for therapists. Recognizing the difficulty that is storing continuing education certificates and keeping track of your hours, CE Hub was created to take the stress out of continuing education requirements. Instead of worrying throughout the period that you may not be on track, or perhaps that you may have lost a document or two, CE Hub provides you the peace of mind you need to enjoy the learning process. Using the platform is simple: you sign up, upload your continuing education certificates as you obtain them, then CE Hub handles the rest. All of your continuing education credits are tracked for you, and you even receive a reminder when it's time to renew your license. Alleviate the stress of continuing education requirements by taking advantage of CE Hub today!

Disclaimer: this content is for informational purposes only. Licensees should always confirm their continuing education requirements with their respective governing agency. In the state of Maryland, MFTs can clarify anything about their license by contacting the Maryland Board of Professional Counselors and Therapists by phone at (410) 764-4732.

Reference Link: <https://health.maryland.gov/bopc/Pages/contedrenewal.aspx>