



## Continuing Education Requirements for Utah Marriage & Family Therapists (And How to Stay on Track)

As a licensed marriage and family therapist (MFT) in the state of Utah, it is your responsibility to adhere to continuing education requirements each period in order to renew your license. Beyond license renewal being key to you maintaining your practice, continuing education is essential to stay abreast of what is happening in your field – something your clients will always appreciate you taking seriously. Education is how we all continue to learn and further hone our skills and expertise, so it's certainly something to be celebrated. Though education is fantastic, keeping on track with the many hours you need to fulfill can be a challenge. Thankfully, there is a fantastic resource available to help you with that. Before we dive into the resource, let's start by outlining what is required of Utah MFTs in order to renew their license every cycle.

### Licensee Requirements for Utah Marriage & Family Therapists

Marriage and family therapists in Utah have a responsibility to complete 40 hours of continuing education every two years. Licenses expire on September 30 of even-numbered years, so all continuing education hours need to be earned before that date. Though there is flexibility with regard to the topics included in a licensee's hours, at least 15 must specifically relate to marriage and family therapy. Beyond that requirement, another six must be in ethics/law (with three directly related to MFT) and two need to be on suicide prevention. For added flexibility, 15 of the required 40 hours can be taken online, with the remaining hours required live, in-person.

### Key Takeaways:

- **MFTs in Utah must complete 40 hours of continuing education every two years.**
- **Licenses expire on September 30 in even-numbered years .**
- **15 hours must relate to marriage and family therapy, six need to be on ethics (three of which in MFT), and two on suicide prevention.**

Given marriage and family therapists are likely to achieve their continuing education certificates in increments, from various workshops, conventions, agencies, and institutions, there is a lot of documentation to keep track of (potentially 40 or more certificates throughout the course of two years). As proof is required when you apply for renewal, it's imperative you keep all of those certificates in a safe place – easily accessible and easy to track your progress. CE Hub is the safe place you need to work through your continuing education with ease.

### What is CE Hub?

CE Hub is an app built specifically for therapists. Recognizing the difficulty that is storing continuing education certificates and keeping track of your hours, CE Hub was created to take the stress out of continuing education requirements. Instead of worrying throughout the period that you may not be on track, or perhaps that you may have lost a document or two, CE Hub provides you the peace of mind you need to enjoy the learning process. Using the platform is simple: you sign up, upload your continuing education certificates as you obtain them, then CE Hub handles the rest. All of your continuing education credits are tracked for you, and you even receive a reminder when it's time to renew your license. Alleviate the stress of continuing education requirements by taking advantage of CE Hub today!

Disclaimer: this content is for informational purposes only. Licensees should always confirm their continuing education requirements with their respective governing agency. In the state of Utah, MFTs can clarify anything about their license by contacting the Utah Department of Commerce Division of Occupational and Professional Licensing at the number (801) 530-6628 or email [doplweb@utah.gov](mailto:doplweb@utah.gov).

Reference Links: <https://dopl.utah.gov/mft/>

<https://athealth.com/ce-approvals/continuing-education-for-utah-marriage-and-family-therapists/>